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| Lesson Objective | SWBAT explain the group agreements. |
| Teacher’s Goal for Self | Make students feel comfortable. Clearly establish boundaries and expectations for behavior. Learn students' names! |
| Language & Formulas | Respect  Confidentiality  Optional  Agreements |
| Assumptions | Students will have a basic understanding of appropriate and inappropriate behavior in the classroom. |
| Expected Problems | It may be hard to fit everything into one class depending on how long classes are. |
| Materials | Questions/Actions/Tasks printout for Clap game (X2 per class)  Markers  Poster Printout with rules (if **30 min class**) or Whiteboard and marker (if **45+ min class**)  Parent Letter (**IF APPLICABLE**)  Feedback Suggestion Survey (if **35+ min class**) |
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| Warm-up: 3 min. | Introduce ourselves and the program, let students know we will be in one time each month to specifically see their class, but they can always talk to us after class or ask to make an appointment to see us! |
| Introduction: 10 min. | Name Game:  Have students get into a circle   * **“We’re going on a picnic”-** Each student will bring a food to the picnic that starts with the same letter as their first name (eg. My name is Emily, I’m bringing egg salad) **OR** adjective that starts with the same letter as first name (eg. Energetic Emily)   **OR IF A SMALLER CLASS/ Class longer than 35 min**   * **Repeater-** have each person in the circle state their name and perform a simple action or motion (**Nothing on the ground, no jumping, no touching others, REMEMBER to say your name!)** * Next have all students repeat the persons name and action, then perform the names/actions in sequence beginning with the first person |
| Presentation: 10 min. | **Group Norms/Class Agreements**  Have students brainstorm a list of class agreements and write the final list on the paper, pass it around to have the students sign it  Some suggested ones:   * + 1. One Diva, One Mic     2. Step up, step back,     3. Don’t Yuck My Yum     4. Save the drama for your mama (or 1:1 after class)     5. Personalize, don't generalize     6. Say it to my face, not my Facebook     7. What happens here stays here\*\*     8. It's always sunny when there is no shade     9. Be your selfie, not on your cellphone     10. High Fives are optional (introduction to consent)   \*\*Go over exception to confidentiality- everything stay confidential unless I am worried about your personal safety or the safety of others.  **Rule to include**: High Fives are optional.  We use this rule to introduce the concept on consent. We use high fives as a pick me up or to celebrate our successes BUT it is always important to ask. Some people like high fives (or fist bumps, or hugs) and others don’t and that’s OKAY. Maybe you normally say yes to high fives but for whatever reason (you’re sick, you have peanut butter on your hands, you just don’t feel like it) you don’t one day. It’s okay to say no. You always have the choice. The person asks the question, and then the other person has the right to say yes or no. If a person says no, we ALWAYS need to respect that no. People are also allowed to change their minds. |
| Practice: 15 min. | **Clap Game**  Instruct students to walk around the room like a \_\_\_\_\_\_\_\_\_\_ (penguin, turtle, etc.)  Explain that when they hear clapping, that means they need to get into groups. The size of their groups depends on how many claps.  Once students are in small groups, give them one of the tasks or questions. **(ON HANDOUT)**  Eg. 2 claps, make a secret handshake |
| Feedback: 10 min. | Instruct students to take out their phones (or a sheet of paper if they don’t have one)  Explain to students that it is really important to us that their voices be heard and they get to give ideas about how to make class better, what topics they think are important to talk about, etc. Ask students to take this seriously and give real feedback because we want to use their ideas to improve our program! Reinforce that the feedback is anonymous. |
| Review | 1. What is one rule that that keeps us safe in school? 2. What is one rule that keeps us safe in class with SMRC? 3. What are our names? |

Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_